

Case Conference
Sexually Transmitted Diseases
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Case 1: Patient AB is a 25 year old female who presents for routine physical examination with pap smear. She has had two sexual partners in the past 12 months. She uses OCP for contraception. She has no complaints, and asks if you could please test for “everything.”

What STD screening would you recommend?

You review your recommendations, and she says she wants to be absolutely sure she doesn't have an STD; she asks if she can be tested for herpes as well.

Case 2: Patient CD is a 32 year old man who complains of urethral itching for 1 week. He is sexually active with an asymptomatic partner.

Review relevant features of the history and physical examination.

You suspect urethritis. What are the appropriate next diagnostic and treatment steps.

Your tests confirm gonococcal urethritis. What is the recommended treatment?

You treat the patient appropriately. What would you recommend for further testing/prevention, and for treatment of his partner?

Case 3: Patient EF is a 39 year old married female who presents with 2 days of painful “bumps” on her labia that are now starting to form scabs. Your examination confirms clustered vesicles suspicious for HSV.

Discuss diagnostic tests and treatment, as well as treatment recommendations for recurrent episodes of HSV.

The patient claims to have been monogamous with her husband for 5 years and wants to know how long she could have had the infection.

For more information: CDC MMWR 2006 Update on Sexually Transmitted Diseases (Vol 55).

