



HOLY C.O.W.!

IT'S...

Clinical Question of the Week #12
September 15th, 2008 through September
22nd, 2008

Please e-mail your answers to Kuo, Tim, Wendy, and Kevin (klian@mednet.ucla.edu; tprovias@mednet.ucla.edu; wsimon@mednet.ucla.edu; kbreger@mednet.ucla.edu) by 0800 on Monday, September 22nd, 2008. The resident or intern with the most correct answers at the end of each month will receive a prize!

Case: A 47-year-old woman presents to clinic for evaluation of tingling in her hands and feet. She can't quite recall when the symptoms came on, but she's had gradually increasing tingling and numbness of her fingertips and soles bilaterally over the past several months. Past history is notable for mild obesity and recently diagnosed hypertension, for which she is currently on dietary modification. She takes no prescription medications, but since her trip to India two years ago, she has been using a traditional herbal medicine for her aches and pains. Physical exam reveals mildly overweight middle-aged woman, with vital signs notable for BP 148/92. Examination of the skin reveals scattered pigmented patches and coarse areas on her palms and soles, which she attributes to "age spots" and calluses from working in her garden. A photo of her fingers is shown.



Bilateral 2nd and 3rd digits.

Questions:

1. What is the diagnosis? Name two other symptoms that are seen in this condition.
2. What is the physical examination finding shown in the image?
3. What is the treatment?
4. In which Meryl Streep motion picture did her character likely experience this condition?