



Holy C.O.W.!

It's...

Clinical Question of the Week #20
November 10th, 2008 through November
17th, 2008

Please e-mail your answers to Kuo, Tim, Wendy, and Kevin (klian@mednet.ucla.edu; tprovias@mednet.ucla.edu; wsimon@mednet.ucla.edu; kbreger@mednet.ucla.edu) by 0800 on Monday, November 17th, 2008. The resident or intern with the most correct answers at the end of each month will receive a prize!

Case: A 68-year-old right-handed man presents to the 16th Street Santa Monica Clinic to establish care after recently moving out from Palm Springs. The patient says that he got tired of all the golf and wanted to spend more time surfing. In discussing his past medical history, the patient reports hypertension well controlled on meds, chronic back and hip pain and mild stiffness, and episodic "tennis elbow." He is retired and is a veteran, having served a brief stint in Vietnam, and is the son of a German father and Pima Indian descent mother. He does not smoke and drinks occasional wine. Physical examination reveals some decreased range of motion of the spine and scattered tenderness over the epicondyles of the right greater than left elbow. When asked about his pain and stiffness, he says that the symptoms have been slowly progressive over years and he attributes it to aging, saying "Getting old sucks, right?" The patient brings radiographs from his physician, which are shown below.



Radiographs of the patient's thoracic spine (left) and lumbar spine (right).



Radiographs of the patient's right and left hips.

Questions:

1. **What is the diagnosis?**
2. **What are two other disorders that may mimic this condition?**
3. **Name two other associated symptoms.**
4. **What is the treatment?**