

Nonoccupational HIV prophylaxis for IMS
Updated 8-15-08

1. Must be within 72 hour exposure - start as soon as possible
2. Assess risk: type of exposure, serostatus of source, possible antiviral resistance of source,
3. Check serum HIV Ab (Not viral load), RPR, Hep B s Ag and Ab, Hep C Ab, Chlamydia, GC, Cr, and LFT's
4. If female check, urine pregnancy first - If positive consult ID
5. Vaccinate for Hep A and B where appropriate
6. Take Kaletra (200mg/50mg) 2 tabs twice per day for 30 days
7. Take Truvada (200mg/300mg) 1 tab per day for 30 days
8. Be sure NOT to use these meds with CKD or on following meds:
 - a. Warfarin
 - b. Dilantin
 - c. Simvastatin, lovastatin
 - d. Oral contraceptives
 - e. Erectile dysfunction agents
 - f. Other medications metabolized through cyp450 3A4
9. Check Cr, LFT's in 2 weeks
10. Repeat HIV Ab at 6 weeks, 3 months, and then 6 months.
11. Expert consultation if questions

12. Resources

National Clinicians Hotline 888 933-3413 - available 24 hours
Warmline 888 933-3413 business hours
hiv-druginteractions.org
aidsinfor.nih.gov (guidelines)
hivinsite@ucsf.edu